

Wake UP!

IO5 Informed Citizenship

TOPIC: Cyber Bullying

TIME (in minutes)	TYPE OF TRAINING ACTIVITY	ACTIVITY OUTCOMES	FORMAT (References to further detail)
5	Introduction part I	<ul style="list-style-type: none"> Trainers introduce themselves to group; introduction of topic and overview of workshop programme 	<ul style="list-style-type: none"> Introductory sequence / warm-up
10	Introduction part II	<ul style="list-style-type: none"> To introduce participants to the topic, familiarise them with human rights / democratic values. Raise awareness for human rights / democratic values. This sequence marks the transition to the actual topic of cyber bullying. 	<ul style="list-style-type: none"> <u>Social form</u>: Guided group discussion <u>Task</u>: Trainer introduces concept of human rights to participants -> engage participants in brainstorming activity (why are human rights important; give examples of human rights etc.)
20	Learning activity I	<ul style="list-style-type: none"> Introduce participants to topic of cyber bullying. Raise awareness of and inform them about cyber bullying speech. 	<ul style="list-style-type: none"> <u>Social form</u>: Guided group discussion <u>Task I</u>: Introduce notion of "cyber bullying to participants"; ask them, if they've heard the term and what they associate with it (e.g.

10	Learning activity II	<ul style="list-style-type: none"> ○ Raise awareness of consuming online information critically and of online behaviour in general. ○ Raise awareness of and inform them about cyber bullying and related concepts such as hate speech. ○ Participants can better understand the societal consequences of cyber bullying. ○ Participants are aware of consuming online information critically. 	<p>“shitstorm, “fake news”, etc.); write keywords / examples on white board for reference; summarise discussion; give additional input; emphasise that cyber bullying is connected to hate speech (e.g. cyber bullying = individual form of hate speech); raise awareness of data security etc.</p> <ul style="list-style-type: none"> ○ <u>Task II:</u> provide participants with guiding questions that help them analyse occurrences of cyber bullying -> discuss questions in class with reference to aforementioned. ○ <u>Social form:</u> Small groups / group setting ○ <u>Task:</u> Participants are presented with short videoclip; they discuss videoclip in small groups alongside the guiding questions followed by discussion in group setting.
20	Learning activity III	<ul style="list-style-type: none"> ○ Participants are able to change perspectives. 	<ul style="list-style-type: none"> ○ <u>Social form:</u> Small groups / group setting ○ <u>Task:</u> Participants are presented with cases of c.b.; they are asked to analyse examples and how they'd act in these situations; discussion in group setting;

10	Closing activity	<ul style="list-style-type: none">○ Participants are presented with further information (e.g. info on counselling centres, links etc.)	<ul style="list-style-type: none">○ <u>Social form</u>: Group setting○ <u>Task</u>: Trainer summarises content; Q&A session
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